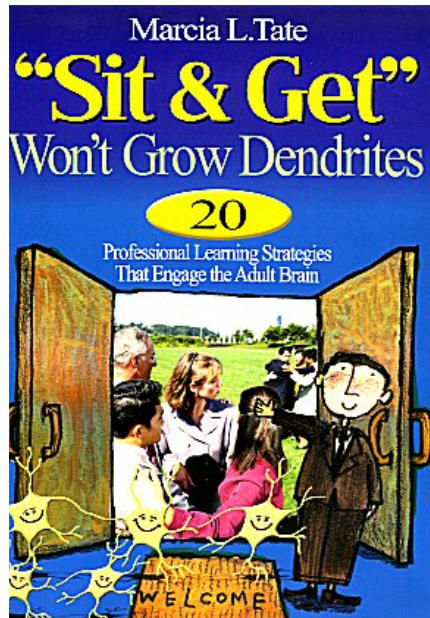


Sit & Get Won't Grow Dendrites: 20 Professional Learning Strategies that Engage the Adult Brain.



"Sit & Get" draws on the latest research in brain-based learning, differentiated instruction, multiple intelligences, and adult learning to provide strategies that not only motivate adult learners but also increase understanding and long-term retention. Designed for easy implementation, the material includes an overview of adult learning theory, more than 150 professional learning strategies, several sample professional learning designs, and opportunities to reflect on and apply the presented strategies. Supported by both learning-style theory and brain research, the strategies enable all staff development professionals to plan and deliver powerful, memorable presentations that improve teaching practices and increase academic achievement. The material is suitable for anyone who teaches adults, including staff developers, trainers, principals, teacher leaders, and educational consultants.